ORIENTAL HERBOLOGY II

AROMATIC HERBS THAT OPEN THE ORIFICE

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Loss of consciousness
closed disorder (bi zheng)

General symptoms:
- Unconsciousness
- Clenched jaws
- Closed mouth
- Tight fists
- P: forceful

Caution:
- These herbs can consume the qi
- Acute situation only
- Combine with other herbs
- Use for short period of time
- Used with powder or pills

USE OPEN ORIFICE HERBS FOR THIS CASE

Tuo Zheng (abandoned syndrome)

Symptoms (lax or open)
- Loss of consciousness
- Open hands
- Open mouth
- Closed eyes
- Urinary & bowel incontinence
- Perspiration
- P: faint

Use: Tonify Qi & Yang (Ren Shen, Fu Zi, Moxa)

DO NOT USE OPEN ORIFICE FOR THIS CASE
Bi Zheng (closed disorder)

**Warm Type**

<table>
<thead>
<tr>
<th>Symptoms of Warm Type</th>
<th>Western medical diagnosis</th>
</tr>
</thead>
<tbody>
<tr>
<td>warm body / fever</td>
<td>Infectious disease</td>
</tr>
<tr>
<td>Face: red</td>
<td>Meningitis</td>
</tr>
<tr>
<td>Irritable</td>
<td>Severe pneumonia</td>
</tr>
<tr>
<td>Heavy breathing</td>
<td>Septicemia</td>
</tr>
<tr>
<td>T: red, yellow coat</td>
<td>Encephalitis</td>
</tr>
<tr>
<td>P: rapid</td>
<td>Heat stroke</td>
</tr>
<tr>
<td>Use: cold open orifice</td>
<td>End stage liver disease</td>
</tr>
<tr>
<td>(+ clear heat herbs)</td>
<td>toxemia</td>
</tr>
</tbody>
</table>

**Cold Type**

<table>
<thead>
<tr>
<th>Cold Type</th>
<th>Western medical diagnosis</th>
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<tbody>
<tr>
<td>Cold body</td>
<td>Hypothermia</td>
</tr>
<tr>
<td>Face: pale, blue, cyanotic</td>
<td>Coma from CVA*</td>
</tr>
<tr>
<td>Foaming of mouth</td>
<td>(cerebral vascular accident)</td>
</tr>
<tr>
<td>P: slow</td>
<td>poisoning</td>
</tr>
</tbody>
</table>

Use warm open orifice herbs (+ warm interior herbs)

*CVA: Stroke. Blood flow to the brain is disrupted. Brain cells can die or be damaged due to lack of O₂.

**Shè Xiāng**

*“musk aroma”*

**Moschus berezovskii**

**FAN.**
- Aromatically opens orifices, revives spirit
- Invigorates blood, dissipates nodules
- Hastens delivery of fetus

**TASTE.**
- Spicy, aromatic, warm
- HT, LV, SP

**DOSE.**
- .06-.1 gr
Bìng Piàn  
“ice slice”  
Bornol  

Dryobalanops aromatica

FAXN: Aromatically opens orifices, revives spirit  
Clears heat, reduces pain & nodules

TENOR: Spicy, bitter, aromatic, cool  
HT, LU, SP

DOSE: .01-.3 g

Crystallized processed resin

Niu Huáng  
“cattle yellow”  

Bos taurus

FAXN: Clears HT heat, reduces phlegm, opens orifice  
Clears heat-toxin  
Clears heat, reduces pain

TENOR: Bitter, cold  
LV, HT

DOSE: 1-3 qian / 3-9 g  
(pills or powders only)

Source: Wild in the City, The San Diego Zoo, 1985
<table>
<thead>
<tr>
<th>石菖蒲</th>
<th>Shí Chāng Pú</th>
<th>sweet flag root</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Acorus tatarinowii</td>
<td></td>
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</tbody>
</table>

**FXN.**
- Opens orifices, clears phlegm, quiets spirit
- Harmonizes & transforms dampness in middle jiao
- Reduces wind-cold-damp obstruction (arthritis)

**TASTE**
- Spicy, aromatic, sl. warm
- HT, ST

**SAFETY**
- 1. Yin def. with heat

**DOSE**
- 2-3 qian / 6-9 g